



ELITE: THE KINGDOM ORGANIZATION

20

CLASSROOM ACTIVITIES

FOR CHILDREN WITH AUTISM



Every child is unique. Every step forward is a success.



VISUAL SCHEDULE

GOAL: Understand what happens next

MATERIALS

Picture cards, Velcro board

HOW TO DO IT

1

Show 3-5 activities in order.

2

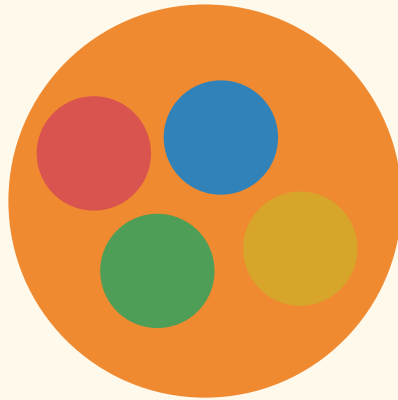
Let the child remove each finished card.

3

Praise calm transitions.

SKILLS SUPPORTED

Routine, communication and independence



COLOR MATCHING

GOAL: Match identical colors

MATERIALS

Colored cups, blocks or cards

HOW TO DO IT

1

Place 3 colored cups on the table.

2

Give one item at a time to match.

3

Add more colors gradually.

SKILLS SUPPORTED

Visual attention and early concepts



SHAPE SORTING

GOAL: Recognize and sort basic shapes

MATERIALS

Shape sorter or cut-out shapes

HOW TO DO IT

1

Name one shape clearly.

2

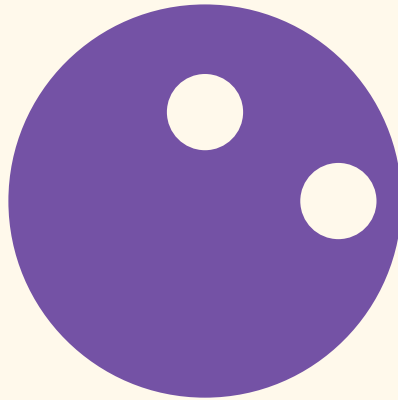
Guide it to the matching space.

3

Repeat through play, without rushing.

SKILLS SUPPORTED

Problem-solving and hand-eye coordination



PUZZLE TIME

GOAL: Complete a simple whole

MATERIALS

2-12 piece inset puzzle

HOW TO DO IT

- 1** Begin with only 2 visible choices.
- 2** Model turning and fitting a piece.
- 3** Celebrate effort and completion.

SKILLS SUPPORTED

Planning, persistence and visual skills



SENSORY DISCOVERY BIN

GOAL: Explore textures safely

MATERIALS

Rice or pasta, scoops, hidden objects

HOW TO DO IT

1

Offer scoop, pour and search choices.

2

Name textures: soft, rough, smooth.

3

Stop if the child shows distress.

SKILLS SUPPORTED

Sensory exploration and vocabulary



PLAYDOUGH CREATIONS

GOAL: Strengthen hands through play

MATERIALS

Non-toxic dough, cutters, roller

HOW TO DO IT

1

Roll, press, pinch and flatten.

2

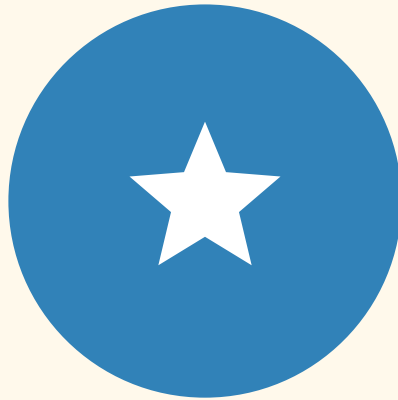
Copy one simple shape together.

3

Let the child create freely.

SKILLS SUPPORTED

Fine-motor strength and creativity



PEGBOARD PATTERNS

GOAL: Copy a simple visual pattern

MATERIALS

Large pegs and pegboard

HOW TO DO IT

1

Make a 2-color pattern.

2

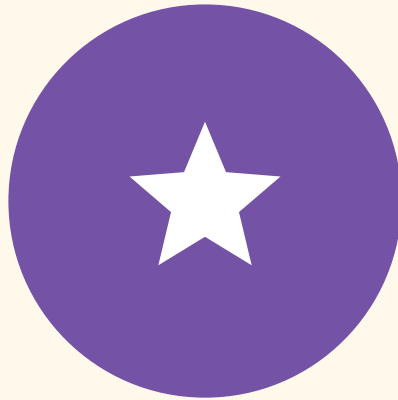
Ask the child to copy beside it.

3

Increase the pattern slowly.

SKILLS SUPPORTED

Fine-motor control and sequencing



BEAD THREADING

GOAL: Thread large beads safely

MATERIALS

Large beads and thick cord

HOW TO DO IT

1

Secure one end of the cord.

2

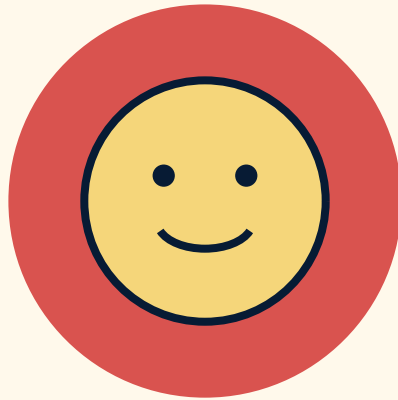
Choose beads by color or shape.

3

Count finished beads together.

SKILLS SUPPORTED

Bilateral coordination and focus



FEELINGS FACES

GOAL: Identify and express emotions

MATERIALS

Emotion cards and mirror

HOW TO DO IT

1

Show happy, sad, angry and worried.

2

Copy each face in the mirror.

3

Ask: How do you feel today?

SKILLS SUPPORTED

Emotional awareness and communication



COPY MY ACTIONS

GOAL: Imitate simple body movements

MATERIALS

Open floor space

HOW TO DO IT

1

Clap, wave, tap and reach.

2

Pause so the child can copy.

3

Take turns being the leader.

SKILLS SUPPORTED

Imitation, attention and motor planning



MY TURN, YOUR TURN

GOAL: Practice waiting and sharing

MATERIALS

Ball, car or preferred toy

HOW TO DO IT

1

Say My turn while demonstrating.

2

Pass the item and say Your turn.

3

Use a short timer if helpful.

SKILLS SUPPORTED

Social interaction and self-regulation



STORY SEQUENCING

GOAL: Put events in logical order

MATERIALS

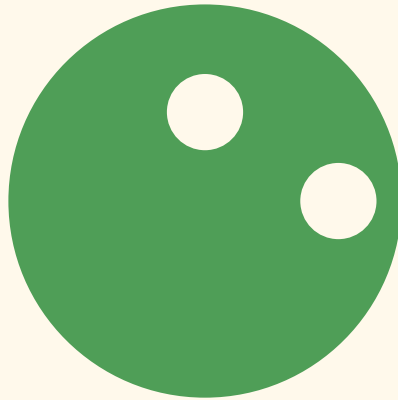
3-4 picture story cards

HOW TO DO IT

- 1 Describe each picture briefly.
- 2 Arrange first, next and last.
- 3 Retell the story together.

SKILLS SUPPORTED

Language, memory and sequencing



CHOICE BOARD

GOAL: Request a preferred item or activity

MATERIALS

Photo or symbol choice board

HOW TO DO IT

1

Offer only 2 clear choices first.

2

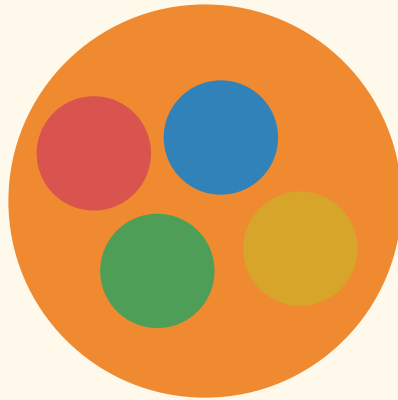
Wait for pointing, words or eye gaze.

3

Honor the selected choice promptly.

SKILLS SUPPORTED

Functional communication and autonomy



SORT AND GROUP

GOAL: Classify familiar objects

MATERIALS

Toy food, animals, clothes or utensils

HOW TO DO IT

1

Choose two simple categories.

2

Model one item in each group.

3

Ask the child to finish sorting.

SKILLS SUPPORTED

Thinking, vocabulary and organization



5

COUNT AND PLACE

GOAL: Connect numbers with quantities

MATERIALS

Number cards and counters

HOW TO DO IT

1

Pick a number from 1 to 5.

2

Place that many counters below it.

3

Count aloud by touching each item.

SKILLS SUPPORTED

Early numeracy and one-to-one matching



LETTER-SOUND MATCH

GOAL: Connect a sound to its first letter

MATERIALS

Letter and picture cards

HOW TO DO IT

1

Say one clear letter sound.

2

Match it to a familiar picture.

3

Use only 2-3 letters per round.

SKILLS SUPPORTED

Pre-reading and listening skills



MINI OBSTACLE COURSE

GOAL: Follow a safe movement sequence

MATERIALS

Mats, hoops, cones and tunnel

HOW TO DO IT

1

Demonstrate the full route first.

2

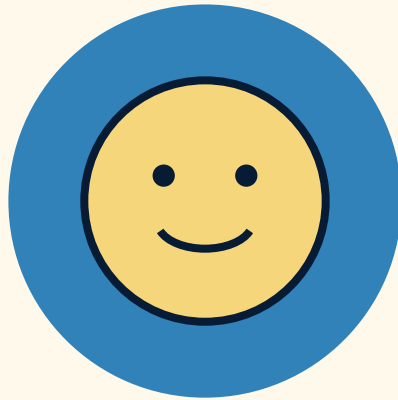
Step, crawl, balance and finish.

3

Adapt every station to ability.

SKILLS SUPPORTED

Gross motor skills and confidence



BREATHE AND CALM

GOAL: Practice a simple calming routine

MATERIALS

Feather, pinwheel or bubbles

HOW TO DO IT

1

Sit comfortably with feet supported.

2

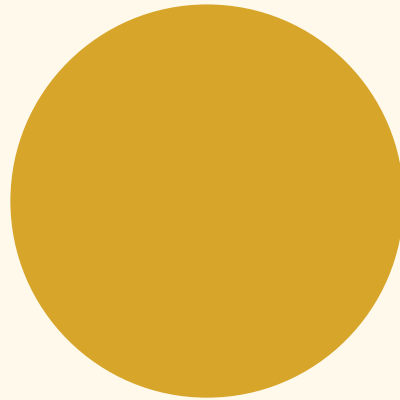
Smell the flower; blow the candle.

3

Repeat slowly 3 times.

SKILLS SUPPORTED

Body awareness and self-regulation



MUSIC AND RHYTHM

GOAL: Copy beats and movement

MATERIALS

Drum, shakers or clapping hands

HOW TO DO IT

1

Play a short 2-beat pattern.

2

Pause for the child to copy.

3

Add movement or a favorite song.

SKILLS SUPPORTED

Listening, timing and shared attention



DRESSING PRACTICE

GOAL: Build everyday independence

MATERIALS

Button board, zip frame, shoes

HOW TO DO IT

1

Teach one step at a time.

2

Use hand-over-hand help only if welcomed.

3

Reduce help as confidence grows.

SKILLS SUPPORTED

Daily living and fine-motor skills